



I–Key Mini-Workshop

Urban Visions, Inc.



When: **Sunday, 22 September, 11:00am–6:00pm**

Where: **World Peace Sanctuary**, 26 Benton Road, Wassaic, NY 12592
Harlem Line, MetroNorth to Ten Mile River Station (about 2 hr. from GCT)

Registrar: **Bill Leicht: 212-228-0980 or 518-789-9134**

Fee: **\$30.00 – includes lunch (scholarship available)**

- We value your presence over a donation!

- You agree to attend the entire workshop.

This workshop is somatic peace-making: training body, mind and spirit to “do conflict well.”



Learn the Arts of Peace

- Keep cool under stress,
- Move & speak gently,
- Respect aggressor,
- Receive in harmony,
- Transform danger,
- Earn respect.

We expect to establish Peace Dojos in the Upper Harlem Valley and the Bronx in October. If you enjoy our integrated approach to peace building, we invite you to join one and begin a weekly Peace Dojo practice. If you would like to learn “I–Key Facilitation” – perhaps even start a Peace Dojo – there will be Fall 2013 courses.

Sponsors: **Urban Visions, Inc. & The Watershed Center**
Host: **The World Peace Prayer Society at the World Peace Sanctuary**

“A Peace Dojo engages in rigorous and deliberate training practices to develop the capacity for skillful, healing action and the courage of heart needed to face the fear and violence in oneself and in the world.”
Peace Dojos International